

# EVENTS

## 2/2/26 – 2/6/26

### MONDAY

**8:15AM** Music & Mindfulness  
[https://miami.zoom.us/webinar/register/WN\\_nwQjIDB6S-C7RysZvtPnnQ](https://miami.zoom.us/webinar/register/WN_nwQjIDB6S-C7RysZvtPnnQ)

### TUESDAY

**8:00AM** Sylvester Music Project: Eric Swanson, Guitar, 3850 Hollywood Blvd, Hollywood, FL 33021

**8:30AM** Diana Rada Torres, SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

**12:00PM** Art & a Bite Art Therapy Group  
<https://miami.zoom.us/j/96554918545>

**12:00PM** Power Hour with Stefan  
Dumbbells Required  
<https://miami.zoom.us/j/98599858634>

### WEDNESDAY

**9:00AM** CORE & MORE  
Link:  
<https://miami.zoom.us/j/98599858634>

**9:30AM** Sylvester Music Project: Robert Billington, Flautist, SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

**2:00PM** Exploring Self-Narrative: The Altered Story- In Person at GCRB, First Floor- Address: 1425 NW 10th Avenue, Miami, FL 33136

### THURSDAY

**8:00AM** Sylvester Music Project: Eric Swanson, Guitar, SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

**11:00AM** Sylvester Music Project: Diana Rada-Torres, harpist SCCC/UMHC CTU (Address: 1475 NW 12th Ave, Miami, FL 33136)

**12:30PM** Sylvester Music Project: MeiMei, Plantation (Address: 8100 SW 10th St., Plantation, FL 33324)

**12:00PM** Power Hour with Stefan  
Dumbbells Required

Link:  
<https://miami.zoom.us/j/98599858634>

### FRIDAY

**9:00AM** CORE & MORE  
Link:  
<https://miami.zoom.us/j/98599858634>

**10:30AM** Enrique Avila, Piano, SCCC/UMHC LOBBY (Address: 1475 NW 12th Ave, Miami, FL 33136)

### SATURDAY

### SUNDAY

### NOTES

Cancer Survivorship & Supportive Care at Sylvester provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disabled please keep it off and mute your audio unless you wish to ask a question.

Marilyn Reimon, Sr. Program Manager | [mxr1815@med.miami.edu](mailto:mxr1815@med.miami.edu)  
Link to [Online Calendar](#)