

Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

Time	Monday 09/25/23	Tuesday 09/26/23	Wednesday 09/27/23	Thursday 09/28/23	Friday 09/29/23
9 AM			Interfaith Prayer Service SCCC/UMHC Chapel		
10 AM	Chair Yoga https://miami.zoom.us/j/7853023017			Hybrid Chair Yoga SMOB & https://miami.zoom.us/j/7853023017	
10:30 AM					Creative Care: Art Therapy Group https://miami.zoom.us/j/98736055619
11 AM	Meditación con Música: Un Momento Para Mi https://miami.zoom.us/j/2673563136			Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC Lobby	
12 PM			Sylvester Music Project: Robert Billington, Flute SCCC/UMHC Lobby		Sylvester Music Project: LGEM SCCC/UMHC Lobby
12:30 PM			Compassionate Care: Art Therapy Support Group for Caregivers Zoom and SMOB 120 https://miami.zoom.us/j/98736055619		
1 PM		Sylvester Music Project: Eric Swanson Guitarist Deerfield	Get Fit with Chris: Intermediate https://miami.zoom.us/j/9718861460	Sylvester Music Project: Eric Swanson Guitarist Plantation	Get Fit with Chris: Advanced https://miami.zoom.us/j/9718861460
1:30 PM	Sylvester Music Project: David Cote Guitarist Sylvester/UMHC CTUs				
3 PM		Me, Myself, and Art: Art Therapy Group https://miami.zoom.us/j/98736055619			
6 PM		Survivorship Choir Zoom and Lennar Lobby https://miami.zoom.us/j/470397942		Sound Bowl Relaxation UHealth/SCCC Plantation (Hem/Onc Waiting Area)	

For more information, please contact Mary Adelyn Kauffman, DMA, MT-BC, NMT m.kauffman@miami.edu or Marilyn Reimon, Clinical Program Manager mxr1815@med.miami.edu

Complete calendar with links can be found at:

<https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/classes-and-events>

