

# Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

Time	Monday 05/20	Tuesday 05/21	Wednesday 05/22	Thursday 05/23	Friday 05/24
9 AM	CHAIR YOGA VIRTUAL <a href="https://miami.zoom.us/j/7853023017">https://miami.zoom.us/j/7853023017</a>			CHAIR YOGA HYBRID SMOB 120F and <a href="https://miami.zoom.us/j/7853023017">https://miami.zoom.us/j/7853023017</a>	
10 AM					
10:30 AM					<b>Creative Care: Art Therapy Group</b> <a href="https://miami.zoom.us/j/98736055619">miami.zoom.us/j/98736055619</a>
11 AM				Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC Lobby	
12 PM	<b>Look Good Feel Better</b> For information, please see attached flyer		Sylvester Music Project: Robert Billington, flute SCCC/UMHC Lobby		Sylvester Music Project: Musica sabor Enrique Avila, pianist SCCC/UMHC LOBBY
1 PM		Sylvester Music Project: Eric Swanson Guitarist Hollywood		Sylvester Music Project: Eric Swanson Guitarist Plantation	
2 PM		Sylvester Music Project: Danny Montana SCCC/UMHCCTU			
3 PM		<b>Me, Myself, and Art:</b> Art Therapy Group <a href="https://miami.zoom.us/j/98736055619">miami.zoom.us/j/98736055619</a>			
6 PM		<b>Move with Stefan</b> Body Resistance Band Training <a href="https://miami.zoom.us/j/95300139011">miami.zoom.us/j/95300139011</a>		<b>Move with Stefan</b> Body Resistance Band Training <a href="https://miami.zoom.us/j/95300139011">miami.zoom.us/j/95300139011</a>  Sound Bowl Relaxation UHealth/SCCC Plantation (Hem/Onc Waiting area)	

For more information, please contact Mary Adelyn Kauffman, DMA, MT-BC, NMT [m.kauffman@miami.edu](mailto:m.kauffman@miami.edu)  
or Marilyn Reimon, Clinical Program Manager [mrx1815@med.miami.edu](mailto:mrx1815@med.miami.edu)

Complete calendar with links can be found at:  
<https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/classes-and-events>

